

ntouesk

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CHIEF EXECUTIVE OFFICER'S MESSAGE



CEO, Dr. Kelly Oluoch

am delighted to welcome you to this latest edition of our newsletter.

This issue is packed with exciting milestones we have achieved over the month, and we are incredibly proud of each one. But we are not stopping there. More great strides are already in motion, and we look forward to sharing them with you in future editions.

To start you off, March 2025 marked a special moment as we welcomed our newly admitted students across all our campuses. Seeing thousands of hopeful faces reaffirmed our mission to train competent health professionals for Kenya and beyond. A particularly proud highlight was the arrival of students from Namibia, a strong indication that our training programs are gaining traction not just locally, but regionally.

To all our students and their families, thank you for choosing KMTC. We are committed to offering you the best possible learning experience.

I am also pleased to share some good news. The Higher Education Loans Board (HELB) sponsorship has been reinstated. The government has allocated Kshs. 500 million in the supplementary budget to support our financially needy students. We are working closely with the Treasury to ensure the funds are released, after which HELB will open the portal for applications.

March was also a month of high-level engagements that deepened our global partnerships. We had the privilege of hosting King Willem-Alexander and Queen Máxima of the Netherlands, who saw firsthand our dedication to hands-on training.

We were also honoured to host Denmark's Minister for Higher Education and Science, Ms. Christina Egelund, and Ambassador Stephan Schönemann at our Karen Campus. Their visit highlighted Denmark's long-standing support for KMTC, a partnership that began back in 1966.

On matters of environmental conservation, I led a team to Lomuge in West Pokot County, where we planted 10,000 trees. This effort, carried out in collaboration with the Ministry of Environment, Climate Change, and Forestry, along with other stakeholders, supports the national goal of planting 15 billion trees by 2032.

In oral health, we celebrated a major leap with the launch of the Community Oral Health Department and Dental Clinic at Mosoriot Campus, bringing us a step closer to achieving Universal Health Coverage.

Internally, we held our quarterly Academic Council Forum, bringing together our leadership to reflect on our progress and realign with the College's Strategic Plan, with a renewed focus on innovation, ethical governance, and digital transformation.

There is so much more to discover in this edition, including our bold initiative to train boda boda riders in emergency response.

To our students, staff, alumni, and stakeholders, thank you for walking this journey with us.

CORE STATEMENTS

A globally competitive institution for training human resource for health.

MISSION:

To develop fit-for-purpose middle-level health professionals through transformative training, research, and consultancy.

CORE VALUES:

Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation.















CONGRATULATIONS

The Board of Directors,
Management, Staff, and
Students of Kenya Medical
Training College (KMTC)
congratulate Hon. Aden
Duale, E.G.H. on his
appointment as Cabinet
Secretary, Ministry of Health.
We wish you all the best as
you serve our great nation of
Kenya.
Congratulations!







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CORPORATE UPDATES

Danish Minister Visits KMTC to Strengthen Healthcare Training Collaboration



(Seated L-R): - Karen Campus Principal Dr. Peris Kibet, KMTC CEO DR. Kelly Oluoch, Denmark's Minister for Higher Education and Science Ms. Christina Egelund, Ambassador Stephan Schöneman and Ms. Dorothy Owegi.

he College reaffirmed its strong partnership with Denmark during a high-level visit by Ms. Christina Egelund, Denmark's Minister for Higher Education and Science, accompanied by Ambassador Stephan Schönemann. Hosted at KMTC Karen Campus on March 18, 2025, the visit underscored Denmark's longstanding support for healthcare training in Kenya, dating back to 1966 when the Danish government gifted the campus to Kenya.

Minister Egelund highlighted the critical role of medical professionals in combating non-communicable diseases, stressing the need for high-quality education to equip them with essential skills. "Denmark is proud to support KMTC in advancing research-based teaching methods that equip students with the skills needed to respond to evolving healthcare challenges. We value this collaboration and remain committed to strengthening it for the long term."

Ambassador Schönemann reaffirmed Denmark's appreciation for KMTC's role in healthcare education. "KMTC's dedication to competency-based training continues to make a significant impact in Kenya's healthcare sector. Our long-standing partnership reflects a shared commitment to strengthening healthcare education, and we look forward to deepening this collaboration to support the next generation of skilled health professionals."

During the visit, KMTC CEO Dr. Kelly Oluoch highlighted the College's commitment to competency-based training and its impact on healthcare delivery. He acknowledged Denmark's key role in advancing medical education, particularly through initiatives such as the Education for Health Program, the Alliance Program in Turkana, and the Novo Nordisk Haemophilia Project.

Reflecting on the significance of the partnership, Dr. Oluoch remarked, "The only reason why human beings have survived up to now is our ability to work together, communicate, and collaborate. Today, we celebrate that level of collaboration, one of the highest commitments we have seen from any government at KMTC. A child born in Turkana suffering from malnutrition will survive because of this collaboration. A mother in need of care could survive because of the training we provide. We feel confident that we have a true partner in you. Your presence today represents a great deal of hope for the future."

The visit took place as KMTC welcomed over 20,000 new students across its campuses for the March 2025 semester, marking a significant milestone in the College's ongoing efforts to expand healthcare training nationwide.

KMTC CEO Joins Cabinet Secretary In West Pokot for National Tree-Growing Initiative



Environment, Climate Change, and Forestry Cabinet Secretary Dr. Deborah Mulongo (center), KMTC CEO Dr. Kelly Oluoch (right), partners, staff and students, Flag off tree planting exercise at Lomuge, West Pokot County.

As part of Kenya's ambitious goal to plant 15 billion trees and achieve 32% forest cover by 2032, KMTC CEO, Dr. Kelly Oluoch, led a team in a large-scale tree-growing exercise at Lomuge, West Pokot County on March 27, 2025. The exercise, spearheaded by the Cabinet Secretary for Environment, Climate Change, and Forestry, Dr. Debra Mulongo, saw the planting of 10,000 trees, reinforcing national efforts to combat climate change and restore degraded ecosystems.

The event brought together key leaders, including officials from Government ministries, Nursing Council of Kenya CEO Dr. Lister Onsongo, representatives from the County Government of West Pokot, and other stakeholders committed to sustainable environmental conservation.

Speaking at the event, Dr. Mulongo highlighted the impact of climate change, citing erratic rainfall patterns and prolonged droughts affecting West Pokot and many other regions. She called on local communities, particularly the youth, to take an active role in tree-growing initiatives and embrace agroforestry as a long-term strategy for environmental sustainability.

Dr. Kelly Oluoch reaffirmed KMTC's commitment to supporting Kenya's reforestation agenda, stating that beyond tree planting, the College integrates sustainability into its

healthcare training programmes, linking environmental conservation to public health. Meanwhile, KMTC staff, students, and principals conducted simultaneous tree-growing exercises across campuses nationwide, further reinforcing the institution's dedication to climate action.

The initiative also marked the first official engagement of the newly appointed Cabinet Secretary for Environment, Climate Change, and Forestry, Dr. Deborah Barasa, who previously served as the Cabinet Secretary for Health. Dr. Barasa expressed gratitude to President William Ruto for her appointment and pledged to champion the government's environmental conservation agenda.

"Tree planting is not just an event, it is a bold declaration of hope and a commitment to securing a sustainable future for generations to come," Dr. Barasa said. She urged communities to move beyond planting trees to nurturing them, ensuring long-term forest restoration.

The CS called on youth and local communities to champion agroforestry and actively participate in environmental conservation efforts to restore and sustain green spaces in the region. She also acknowledged the ongoing efforts of local environmental champions and groups working to restore ecosystems, affirming the Ministry's support for grassroots-led climate action.

TREE PLANTING PICTORIAL



Loitokitok Campus.



Nyamira Campus.



Mombasa Campus.





Nyamache Campus.

Thika Campus.

The table below highlights the number of trees planted across KMTC Campuses on March 27, 2025.

S/N0	CAMPUS	NUMBER OF Trees planted
1	Awendo	300
2	Bomet	300
3	Bondo	400
4	Bungoma	220
5	Burnt Forest	-
6	Busia	300
7	Chemolingot	200
8	Chuka	100
9	Chwele	210
10	Eldoret	100
11	Embu	750
12	Garissa	300
13	Gatundu	230
14	Homabay	250
15	Imenti	104
16	Isiolo	300
17	Iten	200
18	Kabarnet	350
19	Kakamega	100
20	Kangema	200
21	Kangundo	100
22	Kapenguria	10000
23	Kapkatet	100
24	Kaptumo	350
25	Karen	1500
26	Kerio Valley	500
27	Karuri	50
28	Kilifi	500
29	Kinangop	250
30	Kisii	300

S/N0	CAMPUS	NUMBER OF Trees planted
31	Kisumu	100
32	Kitale	600
33	Kitui	100
34	Kombewa	350
35	Kuria	72
36	Kwale	100
37	L. Victoria	600
38	Lamu	650
39	Lodwar	50
40	Loitokitok	1500
41	Lugari	100
42	Machakos	400
43	Maua	150
44	Makindu	260
45	Makueni	1200
46	Mandera	106
47	Manza	300
48	Marimanti	500
49	Marsabit	100
50	Mathari	100
51	Mbooni	1100
52	Mbuvo	100
53	Meru	300
54	Migori	500
55	Molo	50
56	Mombasa	50
57	Mosoriot	230
58	Msambweni	200
59	Murang'a	100
60	Mwingi	3000

S/NO	CAMPUS	NUMBER OF Trees planted
61	Nairobi	150
62	Nakuru	520
63	Narok	100
64	Navakholo	260
65	Ndhiwa	300
66	Nyahururu	300
67	Nyamache	1000
68	Nyamira	70
69	Nyandarua	240
70	Nyeri	100
71	Othaya	150
72	Port Reitz	600
73	Rachuonyo	300
74	Rarieda	-
75	Rera	12
76	Shianda	500
77	Siaya	100
78	Sigowet	320
79	Tana River	200
80	Taveta	200
81	Teso	150
82	Thika	150
83	Transmara	300
84	Ugenya	200
85	Ugunja	100
86	Vihiga	150
87	Voi	200
88	Wajir	350
89	Webuye	500
TOTAL		38,754

KMTC Mosoriot Launches Community Oral Health Department as Kenya Marks World Oral Health Day



Health CS Dr. Deborah Mulongo Barasa and KMTC CEO Dr. Kelly Oluoch, alongside public delegation witnesses screening of the community by KMTC Mosoriot students and staff during World Oral Health Day 2025.

MTC Mosoriot on March 20, 2025, marked a major milestone in the advancement of oral healthcare with the official launch of the Community Oral Health Department and Dental Clinic during celebrations to commemorate World Oral Health Day.

Graced by Chief of Staff and Head of Public Service, Mr. Felix Koskei, the event underlined the government's commitment to improving oral healthcare and ensuring equitable access across all regions.

Speaking at the event, Mr. Koskei said the launch aligns with the Kenya National Oral Health Policy 2022–2030 and the Strategic Plan 2022–2026, noting that oral health is a fundamental pillar of overall well-being and a critical part of the Universal Health Coverage (UHC) agenda.

"This initiative reflects our commitment to strengthening preventive healthcare, enhancing human resource capacity, and promoting research and innovation in oral health," he said in a speech read on his behalf by the Health Cabinet Secretary Dr. Deborah Mulongo.

He lauded KMTC's role in advancing healthcare training and urged students to embrace innovation and compassion as they serve the nation.

Health Principal Secretary, State Department for Medical Services, Ms. Mary Muriuki, emphasized the need for urgent interventions, citing that 40 percent of children aged five to six suffer from untreated dental caries.

She affirmed the Ministry's commitment to preventive care, training of more oral health professionals, and public awareness campaigns.

The Board Chairperson, Mr. Joseah K. Cheruiyot, expressed gratitude for the government's support, noting that under the College's Strategic Plan 2023 to 2028, KMTC has prioritized governance, research, and new programs to match national health priorities.

He, however, appealed for the urgent disbursement of Higher Education Loans Board (HELB) funds, citing a deficit affecting thousands of needy students.

KMTC CEO Dr. Kelly Oluoch noted the significance of the day, highlighting that the Community Oral Health program, first introduced in 1984, has trained thousands of professionals who offer promotive and preventive care in schools and hospitals.

Dr. Oluoch also thanked the Ministry of Health, Nandi County Government, and other partners for their support, especially in organizing a free medical and dental camp at the campus, which served over 1,500 residents.



Mbooni Campus during World Oral Day celebrations in Makueni County.

The new department of Community Oral Health is expected to enhance training, expand outreach services, and contribute significantly to Kenya's journey toward Universal Health Coverage, ensuring every Kenyan enjoys the benefits of a healthy smile.

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Treasury Allocates KMTC Kshs 500 Million Towards HELB Sponsorship



A section of KMTC Students [file photo].

he Kenya Medical Training College students can now breathe a sigh of relief following the Government's reinstatement of the Higher Education Loans Board (HELB) sponsorship program.

The College has received an allocation of Kshs 500 million in the 2024/2025 supplementary budget to support financially needy students.

"This means we will go ahead and ask the Treasury to release the funds. Once the money reaches our bank, which may take a few weeks, we will ask HELB to open the portal for students to apply," said CEO Dr. Kelly Oluoch. He noted that the absence of funding had placed a heavy burden on many students, making it difficult for them to continue with their training.

"This prompted us to engage extensively with key government bodies, including the Parliamentary Committee on Health and the Ministry of Health, to advocate for the reinstatement of the funding," he added.

According to Dr. Oluoch, the College, through the Ministry of Health, appeared before various arms of the National Assembly, including the Pending Bills Verification Committee on January 29, 2024, and the Departmental Committee on Health on February 23, 2024, among others, to push

for the reinstatement of the program.

In addition, the CEO, accompanied by Board Chairperson Mr. Joseah K. Cheruiyot, presented the matter to H.E. President Dr. William Ruto during the official opening of the KMTC Kerio Valley Campus on January 9, 2025.

"We are pleased to announce that our efforts have borne fruit. The Government has allocated Kshs 500 million for student loans in collaboration with HELB," he said.

Since the program's inception in the 2022/2023 Financial Year, 22,342 KMTC students have benefited.

KMTC Showcases Global Impact During Dutch Royal Visit



His Excellency King Willem-Alexander of the Netherlands, Prime Cabinet Secretary Hon. Musalia Mudavadi, PS State Department for Investment Promotion Abubakar Hassan Abubakarand and Dr. Wagaki Gicheru, KMTC's E-learning Coordinator during a skills education demonstration.

MTC reaffirmed its status as a leading institution in healthcare training during the official visit of King Willem-Alexander and Queen Máxima of the Netherlands.

At the Marketplace Forum in Loresho Nairobi held on March 18, 2025, KMTC demonstrated its commitment to hands-on, competency-based training, an approach at the heart of its curriculum. In a symbolic moment, King Willem-Alexander engaged with healthcare partners and took

part in a practical demonstration, checking the pulse on a manikin, underscoring the significance of skill-based training.

KMTC was represented by Dr. Wagaki Gicheru, who highlighted the institution's innovative programs that continue to produce highly skilled healthcare professionals. Accompanying the Dutch monarchs was Kenya's Prime Cabinet Secretary, Hon. Musalia Mudavadi.

UHC PULSE: IS PRIMARY HEALTHCARE THE ANSWER?



PS Mary Muthoni paid a courtesy call on CEO Dr. Kelly Oluoch ahead of her TV interview.

0 n March 31, 2025, Kenya reaffirmed its commitment to preventive healthcare and community-led interventions to improve health outcomes and ease the burden on hospitals. During an interview by KBC TV at the KMTC Headquarters, the PS for Public Health and Professional Standards, Mary Muthoni, highlighted the nationwide deployment of

107,831 Community Health Promoters (CHPs) as a transformative step in delivering primary healthcare at the grassroots.

She also emphasized the government's commitment to quality healthcare training, public health emergency preparedness, and the Bottom-Up Economic Transformation Agenda (BETA).



PS Mary Muthoni and CEO Dr. Kelly Oluoch alongside Campus Principals during the session.

KMTC Academic Council Charts A Bold Path For Strategic Vision And Institutional Excellence



A section of the Board of Directors, Management and the newly elected leaders of the Principals Forum

n a significant move to strengthen academic lead-

ership and enhance the quality of training at the Kenya Medical Training College (KMTC), Principals from various campuses gathered in Nairobi for a four-day academic council forum. The meeting, which commenced on March 24, 2025, at the KMTC Nursing Hall, served as a platform for key discussions on academic policies, institutional growth, and strategies to improve teaching and learning across the College.

One of the major highlights of the event was the election of new officials to represent the principals in various forums, a process aimed at fostering leadership continuity and strengthening governance within KMTC.

During the election, Eldoret Campus Principal, Mr. Daniel Kimwetich, was elected as the new Chairperson, taking over from Mr. Ezekiel Kandagor of Kabarnet Campus. Mr. Tom Oogo of Nyamache Campus was named Deputy Chairperson, while Ms. Evelyne Abuga from Manza Campus took up the role of Secretary-General. Other officials elected included Mr. Festus Lwambi of Port Reitz Campus as Organizing Secretary, Mr. Samuel Njagi from Meru Campus as Vice Secretary, and Mr. David Omoit from Chwele Campus as Treasurer. In his acceptance speech, Mr. Kimwetich expressed deep gratitude for the confidence placed in him, reaffirming his commitment to driving progress across all KMTC campuses. He emphasized the importance of collaboration, open dialogue, and innovation in strengthening academic leadership and ensuring excellence in medical training.

The Academic Council plays a crucial role in KMTC, bringing together the Management team, Heads of Academic Department, campus principals and student representatives, to deliberate on policies, strategies, and initiatives that enhance the institution's academic programs. With a mandate to oversee teaching and learning, research,

and compliance with training standards, the Council ensures that KMTC remains a leading institution in healthcare training.

Speaking during the meeting, KMTC Board Chairperson, Mr. Joseah K. Cheruiyot, reaffirmed the Board's commitment to supporting the academic leadership in delivering quality training. He was accompanied by Board Directors Ms. Eunica Karanja, Ms. Hardlyne Lusui, Eng. Joseph Atonga, and Mr. Paul Cheboi, who collectively called on the principals to prioritize service delivery.

Mr. Cheruiyot reaffirmed the College's commitment to academic excellence, institutional sustainability, and ethical governance. He highlighted the strides made in implementing KMTC's Strategic Plan, emphasizing key areas such as digital transformation, research, and innovation. Acknowledging financial challenges due to reduced donor funding, he urged increased collaboration with government and industry stakeholders, stating, "We must explore alternative funding sources to sustain our growth and quality training."

The Chairperson called upon all members of the College to uphold ethical leadership, academic integrity, and accountability, emphasizing, "Our success depends on the values we embody, let us remain steadfast in our commitment to professionalism and excellence." Addressing student welfare, he underscored the importance of mental health support and affordable housing, assuring members that "The Board remains committed to fostering a conducive learning environment for both students and staff."

KMTC CEO, Dr. Kelly Oluoch outlined key areas that require focused attention, including academic quality, disaster preparedness, human resource management, and digitization. He underscored the importance of performance appraisals, staff welfare, and customer service excellence in achieving the College's long-term objectives.

KUDHEIHA Union Members Elect New Leaders in 2025 National Elections







Mr. Wyckliffe Ongeri

Mr. David Okach

Mr. Ayub Mutanda

n a spirited gathering at Nakuru Campus, union members from across the KMTC campuses came together for the highly anticipated KUDHEIHA National Elections 2025. Held on March 25, the event brought together over 250 union representatives in a democratic process to elect new leaders. The elections marked the culmination of an intense campaign season, where more than ten candidates vied for three key positions: National Chief Shop Steward, National Chairperson, and National Secretary.

The two-day process was characterized by passionate debates, manifesto presentations, and rigorous engagements, highlighting the members' deep commitment to shaping the future of their union.

After a competitive election, three candidates emerged victorious. Mr. Ayub Shariff Mutanda, a librarian and environmentalist from KMTC Kapenguria, secured the position of National Chief Shop Steward. Bringing years of experience and a vision for improved representation, Mr. Mutanda is expected to advocate for better working conditions and policies that benefit union members. The National Chairperson's position went to Mr. David Ochieng Okatch, a seasoned member of the union. His extensive knowledge and dedication to workers' rights position him as a leader poised to enhance the union's impact. Meanwhile, Mr. Wycliffe Ongeri from Lodwar Campus, an ICT officer, rose to take up the role of National Secretary, committing to leading the union with fairness, collaboration, and progress.

Speaking on behalf of the KMTC CEO, Deputy Director of Finance, Planning, and Administration Ms. Lucy Chebungei underscored the importance of ethical leadership, urging the newly elected officials to remain committed to their duties. She reaffirmed the institution's ongoing efforts to improve staff welfare, emphasizing initiatives such as



A secton of KUDHEIHA members during the elections.

well-being programs, fair compensation, and constructive engagement with union members. "KMTC management remains dedicated to working closely with campus principals to enhance staff conditions and address concerns," she stated.

Accompanying her was Human Resource Manager, Mrs. Lilian Kemboi, who echoed similar sentiments and encouraged the new leaders to stay informed about College policies and guidelines. "Being well-informed enables you to lead effectively and make decisions based on facts," she advised. She highlighted the importance of dialogue and alternative dispute resolution in maintaining a harmonious work environment, stressing that negotiations should always be prioritized over confrontation.

The KUDHEIHA elections mark the beginning of a new chapter for the union, which is registered under the Labour Institution Act 2007 and represents employees across domestic, hospitality, healthcare, and educational institutions.

As the newly elected leaders assume their roles, union members look forward to a future of inclusivity, constructive engagement, and strengthened advocacy.

KMTC Marks Science Week With Focus on Research, Technology, and Innovation



Meru Campus Staff and students during the science week.

S tudents and staff from the Kenya Medical Training College (KMTC) came together for a vibrant celebration of Science Week, held from March 10 to 14, 2025, across all Campuses.

Themed "To Build a Strong Research Culture that Promotes Research, Technology, and Innovation in the College," this year's Science Week aligned with KMTC's broader Science, Technology, and Innovation (STI) strategy, which seeks to strengthen research capacity and encourage knowledge sharing within the health training ecosystem.

The week-long event featured a rich mix of activities including proposal writing workshops, grant application training, research dissemination sessions, and interactive discussions centered on the College's Strategic Plan.

Students were at the heart of these engagements, gaining hands-on exposure to research processes and developing skills critical to innovation in healthcare.

"Science Week is a key pillar in strengthening our research culture and capacity," said CEO Dr. Kelly Oluoch.

"We were honored to host a wide range of activities. It was encouraging to see students take center stage in showcasing their research projects and innovations," he added.

A major highlight of the event was the career talks session, where distinguished KMTC alumni shared insights from their experiences in the health industry. They engaged students on career opportunities, job market trends, and strategies for professional growth in the ever-evolving health sector.

The event also provided a platform for collaboration among teaching and non-teaching staff, alumni, partners, and other stakeholders, reinforcing the College's commitment to advancing Research, Science, Technology, and Innovation (RSTI).

Through these activities, KMTC continues to inspire the next generation of health professionals to embrace science and innovation as powerful tools in addressing current and emerging health challenges.

SCIENCE WEEK PICTORIAL



Thika Campus.



Homabay Campus.



Rera Campus.



Nyeri Campus.



Mbooni Campus.



Makindu Campus.

KMTC Advances Efforts to Strengthen and Institutionalize Mentorship



Prof. Omondi Oketch, Lead Trainer, and Dr. Marsellah Ogendo, KMTC Mentorship Programme Coordinator, during the training workshop in Manza Campus.

he College has launched a transformative initiative to enhance mentorship across the institution. As part of this effort, a weeklong workshop was held at Manza Campus from March 17 to 22, 2025, aimed at strengthening and institutionalizing mentorship. The workshop equipped participants with essential skills to support and champion mentorship programs across KMTC campuses, promoting a culture of guidance and professional growth

A diverse group of participants, comprising both teaching and non-teaching staff alongside KMTC mentors and mentees, is actively engaged in the initiative. Leading the training is mentorship expert Professor Omondi Oketch from the Technical University of Kenya, who brings extensive experience in professional development and skills enhancement.

The workshop is designed to enhance facilitative mentorship, fostering mentee autonomy, self-directed learning, and holistic growth. It emphasizes personal development, helping mentees cultivate self-awareness, confidence, and leadership skills, while mentors serve as guides who provide support and encouragement rather than imposing solutions. Additionally, the training strengthens technical expertise by equipping participants with specialized knowledge and practical application skills. The workshop also promotes best practices in mentorship, ensuring structured and effective mentor-mentee relationships that drive long-term success within KMTC.

By the end of the workshop, KMTC will finalize and validate its Mentorship Guide, providing a structured framework to strengthen mentorship programs across all campuses. This initiative aligns with KMTC's Strategic Plan 2023-2028, Key Result Area (KRA) 4: Institutional Sustainability.

Through the Human Resource Office, the College leadership reaffirmed its commitment to mentorship as a cornerstone of institutional growth and academic excellence.

As the College continues to expand and innovate in health-care training, mentorship remains a vital force in driving professional excellence and institutional success.

Meet a Phd Holder Who Decided to Study at KMTC



Martin Ogwang (back right) with fellow students and lecturer during his time at the College.

M ost people see a PhD as the peak of academic achievement. But for 42-year-old Martin Ogwang, it was just another step in his lifelong pursuit of knowledge.

Despite holding a doctorate in Biochemistry, a Master's in Bioinformatics from Jomo Kenyatta University of Agriculture and Technology (JKUAT), and a Bachelor's degree from Makerere University, he made an unexpected choice by enrolling at the Kenya Medical Training College (KMTC).

Why would a university don decide to wear a uniform and go back to school?

The Journey

Three years ago, on a chilly Tuesday morning, Martin embarked on a journey that would bring him closer to earning a Diploma in Clinical Medicine at KMTC Bungoma Campus.

"I had long desired to join KMTC to study the course, but fate had it otherwise," he says.

"When an opportunity finally presented itself, I grabbed it with open arms. I wore my uniform and set off for College," he continues.

At JKUAT, where he is a lecturer, Martin is deeply engaged in research. "But I realized I needed more practical skills in clinical techniques. I wanted to understand it better to enable me to review student assignments on the subject," he explains.

For this reason, Martin, a father of two, applied to KMTC

with the hope of sharpening his skills to improve his work.

Three years on, having successfully completed his studies, Martin is preparing to graduate in December. "I can't wait for that day to come. It will be a defining moment for me," he shares with a smile.

While at the College, he led a quiet life, with very few people knowing about his impressive academic achievements. "I did not want anyone, including my lecturers, to know my history. When people find out, especially when you are a university don, they start giving you special treatment, which I did not want," he says.

For Martin, studying at KMTC was about more than just earning another qualification. "I wanted to learn why KMTC graduates are in such high demand locally and internationally. This knowledge would be useful when I return to JKUAT, where I plan to recommend changes to help our students compete globally," he explains.

"One of the things that, in my view, makes KMTC marketable is its curriculum. It aligns with international standards," he continues.

According to him, if other institutions in Kenya adopted KMTC's approach, "I believe we could, to some extent, address unemployment in the country."

Martin is equally impressed by how KMTC conducts its examinations. "The way exams are administered here is remarkable. I have never seen a process so secure that even the examiners do not know the set questions. This is something we could adopt at the university," he states.

Besides his work at the university, Martin hopes to practice as a clinician. "My next steps are to acquire a license and begin practicing. I have longed to do this, and now it is slowly becoming a reality," he states.

But how does he balance his roles as a student, lecturer, and family man? He says he managed it by taking fewer classes at the university.

"I arranged with my students to have a flexible teaching schedule, like on Fridays and sometimes on Saturdays. This flexibility made it possible for me to study while working and supporting my family," he says.

In his parting words, Martin emphasizes, "Education has no boundaries. No matter how old you are, you can always go back to school and gain new skills."

Strengthening Alumni Engagement in Community Health



Seated L-R: KMTC's lecturers Dr. Kyalo Muthuka, Dr. Caleb Mutua and the Chairman of the CHA/CHO Alumni Network Mr. Kevin Wanjagi.

0 n March 18th, 2025, the College hosted a meeting which brought together the institution's Management, the Community Health Assistant (CHA) and Community Health Officers (CHO) alumni. The meeting focused on strengthening alumni engagement and fostering collaboration in key areas of mentorship, research, professional growth, and community health outreach.

In his message, CEO Dr. Kelly Oluoch who was represented by Dr. Caleb Mutua, emphasized KMTC's commitment to producing fit-for-purpose health professionals to drive Universal Health Coverage in communities. "Our alumni are a cornerstone of this institution. By strengthening our collaboration, we not only enhance professional development, but also ensure that KMTC continues to produce health professionals who are well-equipped to support UHC," he stated. He reiterated the College's commitment to providing platforms that enable alumni to contribute meaningfully to KMTC's progress.

The KMTC CHA and CHO Network Team Lead, Mr. Kevin Wanjagi, echoed these sentiments, underscoring the importance of formalizing alumni structures to streamline engagement and support initiatives that uplift both graduates and the communities they serve. "This is more than just a network; it is a movement to ensure our alumni continue to be an integral part of the KMTC mission, even beyond their time as students," he noted.

Bridging Vision and Expertise: KMTC's Century-Long Impact on Eye Care



A section of participants and members of the Ophthalmic Clinical Officers Association during their annual Conference in Malindi.

As the College marks a century of excellence, its impact on the ophthalmic sector continues to shape the future of eye care by equipping professionals with the expertise to serve communities across the country and beyond. This year's Annual Ophthalmic Clinical Officer Association Conference, held at Diamonds Hotel in Malindi from March 5th to 7th, 2025 provided a platform for KMTC to showcase its legacy as a globally competitive institution dedicated to training human resources for health.

Themed "People-Centered Eye Healthcare, the conference brings together key stakeholders in the eye care sector to discuss advancements, challenges, and the way forward.

For decades, KMTC has been at the forefront of ophthalmic training, offering a Higher Diploma in Ophthalmology, a specialized program designed for clinical officers who have completed a Diploma in Clinical Medicine and Surgery.

This rigorous training equips practitioners with advanced skills in eye surgery, cataract management, advanced refraction, and low vision care, ensuring the delivery of high-quality eye care services across Kenya. The program is currently offered exclusively at KMTC Nairobi and KMTC Eldoret campuses, with limited intakes of 18 students in Nairobi and 10 in Eldoret, ensuring top-tier training and skill development.

The event brought together 263 ophthalmic clinical officers with nearly 90% of whom are KMTC alumni. Among them was Mr. Fred Ouma Akwata, Chairperson of the Ophthalmic Clinical Officer Association, who began his journey at KMTC in 1984, pursuing a Diploma in Clinical Medicine and Surgery before advancing to a Higher Diploma in Ophthalmology. Many of these professionals have since specialized further in cataract surgery, refraction, and low vision care, significantly contributing to Kenya's growing demand for skilled eye care specialists.

The impact of KMTC-trained ophthalmic clinical officers is evident across all levels of healthcare, from community clinics to national referral hospitals. Whether in the public or private sectors, faith-based institutions, or NGOs, KMTC alumni are playing a pivotal role in enhancing eye care services.

Their expertise is shaping eye care delivery in leading institutions such as: Kenyatta National Hospital's Ophthalmology Department, Moi Teaching and Referral Hospital, Aga Khan Hospital, Lions Eye Hospital, Loresho, CITI Eye Hospital, Nairobi, Mbagathi Eye Hospital, Mama Lucy Kibaki Eye Hospital, Kenya Society for the Blind, Kikuyu Eye Hospital, Kwale Eye Centre, Lighthouse for Christ Eye Hospital, Mombasa

Representing KMTC's CEO at the conference, Ms. Caroline Muramba, Head of the Clinical Medicine and Surgery Department at KMTC Mombasa Campus, emphasized the college's critical role in strengthening Kenya's eye care workforce. She highlighted KMTC's ongoing efforts in bridging healthcare gaps, promoting knowledge exchange, and reinforcing its leadership in training specialized healthcare professionals.

"As Kenya's demand for skilled ophthalmic clinical officers continues to grow, KMTC remains steadfast in its mission to expand and enhance its training programs, ensuring that graduates are equipped with the skills needed to address the country's evolving healthcare needs," she remarked.



Ms. Caroline Muramba, (2nd left) along with OCOA Chairperson Fred Akwata (2nd right), Former Chairperson George Ohito (left), and KMTC HND Coordinator for Ophthalmology Ms. Caroline Tanui (right), at the conference.

FEATURING: Fred Ouma Akwata

1984-1987 A Legacy of Leadership in Ophthalmic Care

or nearly four decades, Mr. Fred Ouma Akwata has been a pillar in Kenya's ophthalmic sector, dedicating his career to improving eye health and mentoring future generations of eye care professionals. His journey began in 1984, when he joined Kenya Medical Training College (KMTC) to pursue a Diploma in Clinical Medicine and Surgery, a program that laid

the foundation for his illustrious career.

After successfully graduating in 1987, Mr. Akwata was employed by the Ministry of Health and posted to Siaya



Mr. Fred Auma Okwata joined KMTC in 1984 and he is the current president of the Ophthalmic Clinical Officer Association.

County Referral Hospital, where he worked for five years. During his tenure, he played a key role in supervising satellite health centers, ensuring efficient service delivery and expanding healthcare access in the region.

His passion for specialized eye care led him back to KMTC in 1991, where he pursued a Higher Diploma in Ophthalmology. After two years of intensive training, he graduated and was posted to Kisumu County Referral Hospital, where he worked for one year before being transferred to Jaramogi Oginga Odinga Teaching and Referral Hospital (formerly known as the Kisumu Provincial Hospital).

At Jaramogi Oginga Odinga Hospital, Mr. Akwata took on greater responsibilities, becoming the Head of Outreach Services for four districts including Kisumu, Kapsabet, Siaya, and Vihiga. In this role, he spearheaded eye care coverage initiatives, supervised outreach programs, and provided essential ophthalmic services to underserved communities. His dedication to improving access to eye care earned him recognition as a leader in the field.

Beyond his clinical work, Mr. Akwata has continuously advanced his education. He holds a Bachelor's degree in Community Health and Development, a Master's degree in Community Health and Development, and a second Master's degree in Clinical Research and Administration from the University of Liverpool. Additionally, he has undergone specialized training in Strategic Management at the Kenya School of Government (KSG).

As a testament to his leadership, Mr. Akwata was elected Chairperson of the Ophthalmic Clinical Officers Association (OCOA) in 2022. Under his leadership, OCOA has grown to 253 registered members, bringing together ophthalmic clinical officers dedicated to advancing eye care in Kenya.

His vision for the association is centered on education, professional development, welfare, and continuous skills-based training.

A specialist in cataract surgery, low vision, and refraction, Mr. Akwata has also contributed to academia, serving as an invited supervisor at Jomo Kenyatta University of Agriculture and Technology (JKUAT) for the Comprehensive Ophthalmology and Cataract Surgery program at the Bachelor's level.

At this year's Annual Ophthalmic Clinical Officer Association Conference, held at Diamonds Hotel in Malindi from March 5th to 7th, Mr. Akwata emphasized the importance of people-centered eye healthcare. Under the theme, "People-Centered Eye Health Care: To What Extent Do Ophthalmologists Serve the People?", he led discussions on improving accessibility to quality eye care, enhancing training programs, and fostering mentorship opportunities for young professionals.

KMTC Empowers Boda Boda Riders with Life-Saving Emergency Response Skills



Stakeholders during a training in Nyandarua Campus.

t is not uncommon for medical colleges to offer training in life-saving skills needed during emergencies. But what if such training is extended to boda boda riders?

That is precisely what KMTC is doing, equipping boda boda operators with emergency response skills in a daring move to improve the country's grassroots health response and save lives. The College launched the initiative in 2024, training 1,400 riders across 14 Campuses. By March 2025, the program had expanded to all Campuses, with an ambitious target to reach 9,000 riders by the end of the year.

"We hope to scale this further to include domestic workers," revealed CEO Dr. Kelly Oluoch.

For some riders, the training is an opportunity to gain essential skills. For others, it is a lifelong dream come true.

"When I was growing up, I longed to join KMTC, but that dream never materialized as I was forced to drop out of secondary school due to lack of fees. I ended up being a boda boda rider," said Peter Arasa, one of the riders in Nakuru.

"Getting a chance to train in emergency response at KMTC is like a dream come true. My children will be very happy to see my certificate bearing the KMTC logo. I cannot hold back my joy," he continued.

According to Dr. Oluoch, empowering boda boda operators has far-reaching benefits.

"This program bridges the gap between emergencies and professional healthcare services, ensuring timely interventions that can save lives," he said.

To maximize impact, the training combines theory with practical application. Participants engage with emergency scenarios through interactive PowerPoint presentations,

instructional videos, and hands-on demonstrations.

Riders are taught cardiopulmonary resuscitation (CPR) techniques using manikins that simulate adults, children, and infants, enabling them to practice age-appropriate lifesaving interventions.

The sessions also emphasize improvisation, showing how to use jackets to control bleeding or belts as makeshift tourniquets. Active participation is encouraged, with riders performing return demonstrations to reinforce their skills.

"Boda boda operators are the backbone of grassroots emergency response," said Dr. Oluoch.

KMTC is now calling on stakeholders to support the expansion of such initiatives across the country.

With boda boda riders forming a critical part of Kenya's emergency response network, their empowerment is not just timely; it is a strategic investment in public health and safety.



Meru Campus.



Mbuvo Campus.



Nyandurua Campus.



Vihiga Campus.



Chwele Campus.



Mbooni Campus.



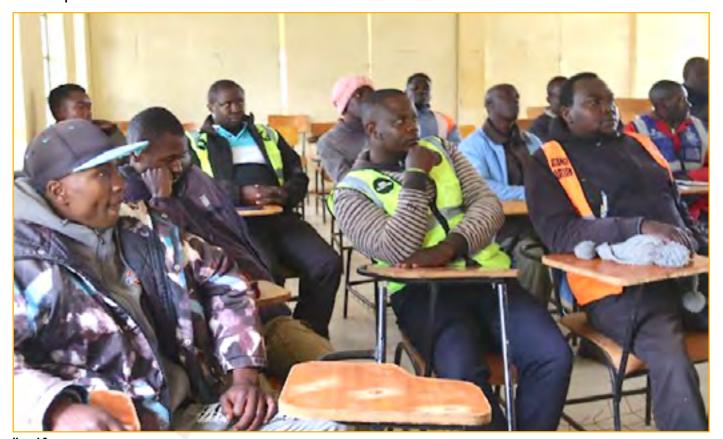
Makindu Campus.



Marsabit Campus.



Eldoret Campus.



Karuri Campus.

Joy as KMTC Welcomes Thousands of First-Year Students



Machakos Campus during the March 2025 admission.

he College marked a significant milestone on March 18, 2025, as thousands of first-year students reported to various Campuses across the country, officially beginning their journey in medical training.

Beaming with pride, parents and guardians accompanied their children, eager to witness them take their first step toward becoming health professionals.

CEO Dr. Kelly Oluoch led the College fraternity in welcoming the students for the March 2025 intake. He extended a warm congratulatory message to all the new students, urging them to embrace the opportunity with commitment and purpose.

"Today, you have been handed a blank cheque. How you choose to use your time here will shape the next chapter of your life," Dr. Oluoch said.

"We anticipate enrolling approximately 17,000 students, filling the training vacancies we declared," he confirmed.

Dr. Oluoch encouraged the students to stay focused on their studies and take full advantage of the resources and opportunities available at the College, highlighting that KMTC offers a supportive academic and personal development environment.

"KMTC is committed to providing high-quality training that prepares you for the demands of a dynamic and evolving health sector," he said.

"Having been ranked the second-best College in Kenya in the 2022 Webometrics rankings, we continue to deliver a learning experience that equips students with the skills to address emerging global health challenges," he added.

As the country's premier medical training institution, KMTC continues to attract students from all regions, drawn by its reputation for excellence and its commitment to producing skilled health professionals.

ADMISSION DAY PICTORIAL



Makindu Campus.



Bungoma Campus.





Mombasa Campus: 1. Admission of new students. 2. Principal Dr. Jacinta Mukonzo makes her remarks during the admission day.

ADMISSION DAY PICTORIAL



Mbuvo Campus.





Karuri Campus.



Nyeri Campus.

KMTC Kicks Off Zonal Sports Competitions



Murang'a County Deputy Governor, Stephen Munania (7th left) and KMTC CEO Dr. Kelly Oluoch (8th from left), with KMTC Principals and student athletes during the official launch of the Zone 4 sports competition in Murang'a Teachers Training College.

he College commenced its zonal sports competitions on Monday, March 3, 2025, bringing together students for a weeklong event featuring various sporting activities, including football, volleyball, rugby, and athletics.

The CEO Dr. Kelly Oluoch, together with Murang'a County Deputy Governor, Hon. Stephen Mburu, officially flagged off the Zone Four competitions at Murang'a Teachers Training College.

Speaking during the event, Hon. Mburu welcomed the initiative, noting KMTC's significant partnership with the county.

"I want to assure you of our commitment to supporting your students in accessing clinical placement sites within the county," he said.

He further highlighted the county's continued support in providing trainers to the College, reaffirming its dedication to improving healthcare services.

To strengthen this collaboration, the Deputy Governor announced plans to formalize the partnership through a Memorandum of Understanding (MoU).

On his part, Dr. Oluoch expressed gratitude to the county for its continued support and encouraged students to take advantage of the event to develop their sporting talents.

"Beyond academics, we nurture sporting talents to ensure holistic student development," he said.

He further urged students to actively participate in extracurricular activities such as sports and clubs, emphasizing their role in personal growth and mental wellbeing.

"Mental health is a growing concern in the country, and engaging in such activities plays a crucial role in maintaining overall wellness," he added.

Teams that qualify at the zonal level will proceed to compete at the next level.



Zone 2 Sports competition in Kitui.

SPORTS PICTORIAL



Zone 6 KMTC Sports Competition at Kakamega School.



Zone 7 games were officially flagged off by the Siaya DCC Mr. Robert Ng'etich and zonal chairman Mr. Livingstone Muyonga.



Makindu Campus Deputy Principal Ms. Lucia Mutindi Jonah, alongside students, welcomes Dr. Eng. Festus K. Ng'eno, PS State Department for Environment and Climate Change, and Mamo Boru Mamo, Director General NEMA, during the World Meteorological Day celebrations at Makindu Meteorological Station in Makueni County (March 23, 2025).



In a remarkable act of generosity, on March 5, 2025. the Muslim community donated essential food supplies to support both Muslim and non-Muslim students at KMTC Wajir throughout the holy month of Ramadan.



Bungoma Campus had the honor of hosting the Nursing Council of Kenya team on March 5, 2025, for an official assessment of nursing programs. The team conducted a comprehensive review of facilities, training standards, and overall compliance with regulatory requirements.





On March 11, 2025, KMTC Eldoret, Mosoriot, and Iten campuses clinched the award for Best Tertiary Level Education Institution (Other than University) at the 2025 ASK Eldoret National Show.

Bungoma Campus principal Ms. Victoria Koi was hosted on West TV for an exclusive interview, where she shared insights on current healthcare trends and developments. During the session, the Principal highlighted the diverse courses offered at KMTC, emphasizing the institution's role in training top-tier healthcare professionals.



Mbooni Campus students and staff were on March 12, 2025 privileged to engage with the County Aids and STI coordinator together with the sub county aids and STI coordinator on matters HIV/STI current trends, prevention and sexually Transmitted disease prevention. This is part of the measures on ensuring a sustainable student wellness within the Campus.



Beyond Zero team and KMTC courtesy call to Deputy Governor Kilifi County March 18, 2025.



Homabay Campus on March 24, 2025 during the World Tuberculosis Day.



Bomet East MP, Hon. Richard Yegon, awarded a Kshs. 296,000 bursary to Bomet Campus students on March 21, 2025, to support their education.



Rera Campus hosted Kenya Health Professions Oversight Authority (KHPOA) officers alongside admissions activities. Their visit focused on evaluating the teaching staff, learning facilities, skills lab, and overall training environment (March 18, 2025).



On March 18, 2025, a team from Kenya Health Professions Oversight Authority (KHPOA) and the Ministry of Health visited Shianda Campus to assess compliance with the required standards.



On March 19, 2025, Isiolo Campus hosted a meeting with National Syndemic Diseases Control Council (NSDCC) board members to discuss strategies for addressing risky sexual behavior among students.





Vision

A globally competitive institution for training Human Resource for Health

Mission

To develop fit-for-purpose middle-level health professionals through transformative training, research and consultancy









Advancing health professions' education through transformative training, research & consultancy











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