

# 

1st - 31st October, 2024

No.05 ISSUE #51



CEO, Dr. Kelly Oluoch

#### **CORE STATEMENTS**

#### VISION:

A globally competitive institution for training human resource for health.

#### MISSION:

To develop fit-for-purpose middlelevel health professionals through transformative training, research, and consultancy.

#### CORE VALUES:

Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation.

## CHIEF EXECUTIVE OFFICER'S MESSAGE

W elcome to the October 2024 edition of the KMTC InfoDesk. As we approach the close of an eventful year, this Bulletin captures the spirit of transformation, innovation, and community impact that defines KMTC's journey.

The month began with a focus on safety and inclusivity through the launch of the "Safer Campuses Campaign," a bold initiative aimed at addressing issues such as mental health, student safety, and gender-based violence. On Global Handwashing Day, KMTC Manza Campus hosted national celebrations that reinforced the importance of hygiene in preventing disease and advancing public health.

We also deepened our community engagement by partnering with Homa Bay County Government in a free medical camp that provided essential health services to over 1,000 residents. On matters partnerships and collaboration, we welcomed a high-level delegation from Roche and Beyond Zero to strengthen our Enrolled Community Health Nursing (ECHN) Programme.

The fifth staff reward and recognition ceremony celebrated the dedication of our team, whose resilience and innovation are the backbone of our achievements. This milestone came at

the perfect time, coinciding with the recruitment of 607 new staff members whose energy and expertise will undoubtedly propel the College to greater heights. As part of our efforts to enhance learning, we received a generous donation of books worth Kshs. 44 million, ensuring our students are equipped with cutting-edge knowledge that meets both local and global standards.

Our commitment to academic excellence continues to shine through initiatives such as the MicroResearch workshop in Narok, which empowers healthcare professionals with research skills to address community health challenges. As we prepare for the 93rd Graduation Ceremony in 5th December, these efforts symbolize the strides KMTC is making toward shaping the future of healthcare in Kenya and be-

As we reflect on these achievements, I extend my gratitude to our staff, students, and partners who make these milestones possible. Your feedback is invaluable in guiding our journey, and we invite you to share your thoughts and suggestions through info@kmtc. ac.ke. Let us carry this momentum forward as we continue to transform lives and communities through quality health training and services.

INSIDE













| PARTNERSHIPS | ACADEMICS | CORPORATE SOCIAL RESPONSIBILITY | AWARDS |

#### **CORPORATE UPDATES**

## Celebrating Global Handwashing Day 2024 With the Launch of the 'Epuka Uchafu, Afya Nyumbani' Initiative



Health PS Mary Muriuki and CEO Dr. Kelly Oluoch during the Global Hand Washing Day at KMTC Manza.

As the world observed Global Handwashing Day on October 15, 2024, key leaders gathered at KMTC Manza Campus to commemorate the importance of hand hygiene in promoting public health. The event was led by the Principal Secretary of the State Department of Public Health and Professional Standards, Mary Muthoni, alongside Deputy Governor of Machakos County, Mr. Francis Mwangangi, and KMTC CEO, Dr. Kelly Oluoch. Together, they launched the "Epuka Uchafu, afya nyumbani" initiative, aimed at enhancing community health through better sanitation practices.

In her keynote address, PS Muthoni underscored the vital role hand hygiene plays in infection prevention, highlighting that simple practices like handwashing can significantly reduce the spread of illnesses.

"Proper handwashing with soap and running water can prevent up to 50% of infections. It is crucial for teachers, trainers, caregivers, and healthcare professionals to continually educate the public, especially children, on maintaining proper hand hygiene," she stated.

PS Muthoni also recognized the essential role of Human Resources for Health in achieving the Ministry of Health's strategic goals. She acknowledged KMTC as a leading institution in training healthcare professionals, whose skills are crucial to advancing health outcomes in the country and beyond. The PS commended the College for hosting the event and contributing to national health initiatives.

She further encouraged participants to support the Presidential Tree Planting Initiative, which not only addresses environmental concerns but also contributes to reducing airborne diseases. Additionally, she urged attendees to enroll to the Social Health Authority which has replaced the National Health Insurance Fund (NHIF). She noted that this initiative will significantly advance Kenya's Universal Health Coverage (UHC) goals by making healthcare more affordable, accessible, and high-quality for all citizens.

KMTC has been tasked with leading SHA awareness and mobilization efforts in Kisumu and Homa Bay counties. To prepare for this transition, the College has introduced a Diploma in Health Insurance Management to equip the healthcare workforce for the new scheme.

KMTC CEO, Dr. Kelly Oluoch, reflected on the significance of the Global Handwashing Day being hosted at the campus where his own medical career began. He emphasized the importance of hand hygiene as a preventive measure against communicable diseases, stressing that public health must remain a national priority.

"At KMTC, public health is at the core of our mission, focused on disease prevention. Our contribution to primary healthcare is exemplified through the education of future healthcare professionals who champion such preventive measures," he remarked. Dr. Oluoch also noted that KMTC has previously donated over 100 water tanks to communities to ensure consistent access to clean water, a key resource in the fight against disease.

Notable attendees included AMREF Director, Dr. Meshack Ndirangu, Machakos Chief Officer Public Health Mr. Simon Mwaiko, and Acting County Commissioner, Mr. Rotich David, KMTC staff and students.

During the event, Dr. Oluoch encouraged student leaders to cultivate a supportive environment by being mindful of their peers' well-being and addressing signs of mental distress. He inspired the students to recognize their potential as leaders, reminding them that their commitment to supporting each other can foster a strong community and serve as a foundation for their future leadership roles.

## Board and Senior Management Champion Strategic Leadership and Resource Mobilization



KMTC Board Directors, Management, Staff and UMI Project Staff during the workshop in Kisumu.

he Board of Directors and Senior Management engaged in a comprehensive series of activities from October 7 to 11, 2024, in Kisumu, focusing on strengthening leadership capacity and advancing the institution's teaching and learning framework.

A key highlight was a transformative training session facilitated by Coach Gabriel Nyamu, a Strategy & Transformation Consultant at CHRC. This session centered on equipping the Board and Senior Management with critical skills in resource mobilization, essential for ensuring KMTC's financial sustainability over the long term.

Key areas covered during the training included the Board's strategic role in resource mobilization, leveraging networks for fundraising, lobbying and advocacy for increased funding, and building sustainable partnerships. The session also provided insights on navigating resource mobilization in a volatile political environment and building public and donor trust, while positioning the Board Directors as brand ambassadors.

Coach Nyamu emphasized the importance of a mindset shift for the successful implementation of KMTC's 2023-2028 Strategic Plan. He urged participants to ensure that every action leads to purpose-driven results and stressed the

importance of data-driven decision-making to foster creativity and innovation. Leaders were called to accountability and encouraged to reflect on the critical question: "So what?" - challenging themselves to translate knowledge into impactful outcomes for the institution.

This session reaffirmed KMTC's commitment to empowering its leadership in shaping the future of healthcare education in Kenya.

In addition, the USAID Msingi Imara (UMI) Project team held a consultative meeting with the Board Directors and Senior Management. Led by Chief of Party Mr. Mathew Thuku, the team highlighted the impressive year-one performance, and presented the approved work plan for year two. During the meeting, UMI received its first Certificate of Recognition from USAID for its valuable contribution to the FY 24 USAID Annual Partner Performance Review and Best Practice Sharing Meeting, held from September  $25^{\text{th}} - 27^{\text{th}}$ , 2024.

The UMI Project, a three-year, \$4.79 million initiative funded by USAID, is being implemented by KMTC in collaboration with Jhpiego, Living Goods, and the Government of Kenya. Running from April 2023 to April 2026, the project seeks to strengthen human resources for health, quality management, and community health systems at both national and county levels, to enhance equity and improve the quality of essential health services.

This recognition underscores UMI's pivotal role in strengthening Kenya's health systems and promoting equitable healthcare delivery.

The Board of Directors also reviewed the Governance audit report, along with updates to the Board Charter and Citizens' Service Delivery Charter. These revisions reflect the institution's commitment to adopting best practices in governance and operational efficiency, reinforcing KMTC's drive toward enhanced accountability and service excellence.

## **Celebrating 97 Years of Excellence With Awards for Top Performers**



Human Resource Division receives Team of the Year award.

**U** n October 9, 2024, the College held its fifth Staff Reward and Recognition Ceremony in Kisumu, to honor the outstanding achievements and commitment of its staff.

This year's event celebrated the dedication that continues to position KMTC as a leader in healthcare training both in Kenya and beyond.

In his address, Board Chairperson Mr. Joseah K. Cheruiyot expressed his gratitude for the hard work and commitment of the staff.

"KMTC's success is built on the dedication and passion of our staff, individuals who go above and beyond to contribute to the realization of our shared vision," he noted. Mr. Cheruiyot revealed that KMTC has consistently celebrated staff achievements since the inaugural ceremony in 2013, as part of its commitment to recognizing excellence.

He added that the College has employed 607 new staff members in the last six months to enhance operational synergy.

Additionally, he announced the allocation of Kshs. 100 million toward staff pension schemes, emphasizing the College's commitment to supporting staff welfare as they approach retirement.

Board Directors Eng. Joseph Atonga, Ms. Eunice Karanja, Mr. Paul Cheboi, Dr. Martin Sirengo, Mr. Benson Giuthua and Ms. Hardlyne Lusui conveyed a unified message. They thanked the staff for their dedication, highlighting that the College's success has largely been due to their hard work.

CEO Dr. Kelly Oluoch acknowledged the challenges staff face, particularly with limited resources and ongoing austerity measures. "We recognize that you are working under challenging circumstances. Let's remain resilient and focused on achieving the College's goals, even as we navigate these difficult times together," he said.

Dr. Oluoch emphasized Management's open-door policy and its commitment to supporting staff through mentorship, motivation, and resolving work-related challenges. He urged staff to prioritize their well-being by taking breaks, practicing self-care, and embracing empathy.

Encouraging staff to apply for available research funds, Dr. Oluoch also emphasized the importance of personal and professional growth, urging staff to further their education and sharpen their skills to enhance career prospects.

He reaffirmed KMTC's commitment to implementing its 2023-2028 Strategic Plan and called on staff to continue supporting these efforts. "Let us use the rewards from this event as motivation to keep giving our best, while also strengthening the bonds we share as colleagues," he concluded.

Dr. Oluoch received the top leadership award for his exceptional contributions to KMTC, where he successfully negotiated funding from the Higher Education Loans Board, reducing student dropouts among learners across the College.

Under his leadership, the student loan scheme attracted 10,000 new applicants, including 6,740 continuing students. The College also achieved accreditation from the Kenya National Qualifications Authority, ensuring that KMTC courses are recognized locally and internationally.

The awards recognized staff across various categories, including research, innovation/creativity, new academic pro-

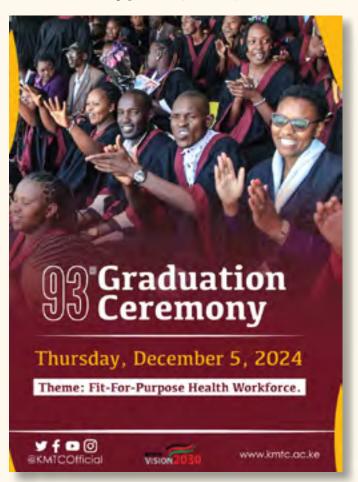
grams, student admissions, and departmental academic performance in Final Qualifying Examinations.

Other categories included long service for both teaching and non-teaching staff, employee/team of the year, alumni, resource mobilization, managerial excellence, campus exemplary performance, principal of the year, special recognition and leadership category.

The ceremony concluded on a high note, with awardees receiving trophies, cash awards, a 13<sup>th</sup> month salary, certificates of recognition, commendation letters, among other honors. The awardees were rewarded for the milestones achieved in the financial year 2022/2023.

Also present were the Management team, Campus Principals, awardees, staff and students of the Kisumu Campus.

As the College celebrates its 97 years of existence, it has consistently produced health professionals to bridge the human resource for health gaps in Kenya and beyond.



## **Launch of Safer Campuses Campaign**



KMTC Board Chairperson Mr. Joseah K. Cheruiyot (right), CEO Dr. Kelly Oluoch (holding KMTC flag), during the event.

he College officially launched the Safer Campuses Campaign at its headquarters in Nairobi on October 2, 2024, to ensure the safety and well-being of its students.

Speaking during the launch, the Health Principal Secretary, Mary Muthoni, in a statement delivered by the CEO of the Kenya Health Professions Oversight Authority, Dr. Jackson Kioko emphasized the urgency of addressing student safety, mental health, and gender-based violence in institutions of higher learning.

"The need for safe, supportive environments has never been more pressing," she said, describing the campaign as a proactive initiative that empowers both students and staff to combat violence in all its forms.

PS Muthoni also highlighted the importance of breaking the silence around gender-based violence, noting that many students experience such incidents even before joining college. She called for collective action, stating, "This is not just a launch; it is a movement aimed at ensuring students can learn, grow, and thrive without fear."

Additionally, the PS mentioned that the Ministry of Health is currently rolling out the Social Health Authority (SHA), which will replace the National Hospital Insurance Fund (NHIF), a significant milestone towards improving health-care for all.

The Safer Campuses campaign, an initiative of the UNES-CO O3 PLUS Project, is a social and behavior change campaign aimed at preventing gender-based violence (GBV)

and other forms of violence in higher and tertiary Institutions.

The Board Chairperson, Mr. Joseah K. Cheruiyot, reiterated the College's commitment to ensuring a safe and secure environment for its 66,000 students across 86 "Safecampuses. ty and security are essential for the teaching and learning environment of our students," he said.

He expressed concern over the dangers posed by harassment, substance abuse, and violence, which threaten students' academic performance and well-being.

Mr. Cheruiyot emphasized the need for resources to prevent such unsafe situations and reassured the audience of the Board's dedication to developing and overseeing the implementation of safety policies.

"Our goal is to create a conducive space where students can focus on achieving the College's mission and vision," he added.

The campaign also featured the commissioning of the Student Wellness Centre and Gender Desk, initiatives aimed at providing comprehensive healthcare, mental health support, and gender-based violence response services.

CEO Dr. Kelly Oluoch commended the efforts of all involved and reiterated the College's resolve to combat violence. "We need a strategy, one that involves the entire community," he said.

"When we unite, we can achieve anything. Let's touch lives with our acts of kindness and ensure a safe environment for all."

Also present were KMTC Board Directors Mr. Paul Cheboi, Ms. Eunice Karanja, and Mr. Benson Giuthua, along with representatives from the University of Nairobi, Kenyatta University, Ministry of Education, UNAIDS, UN Women, staff, students, and other key stakeholders.

## KMTC Hosts Delegation from Roche and Beyond Zero



Roche and Beyond Zero-Sponsored ASAL Students showcase skills during the visit.

**0** n October 4, 2024, the College welcomed a high-level delegation from Roche and Beyond Zero as part of an ongoing partnership to support the Enrolled Community Health Nursing (ECHN) Programme.

Since 2016, KMTC has collaborated with Roche and Beyond Zero to offer scholarships to needy but deserving students from Arid and Semi-Arid Lands (ASAL) counties and other marginalized areas.

The visiting team, led by Roche's Chief People Officer, Cristina A. Wilbur, and Beyond Zero's Chief of Staff, Constance Gakonyo, met with KMTC leadership, including Board Chairperson Mr. Joseah K. Cheruiyot and CEO Dr. Kelly Oluoch.

Mr. Cheruiyot expressed gratitude to Roche, acknowledging the positive impact their support has had in reducing maternal mortality rates in ASAL regions.

CEO Dr. Oluoch added that the scholarships are providing much-needed hope to many families. "Some students arrive at KMTC with nothing but empty bags, demonstrating the depth of their need. Your support has truly changed their lives," he said.

Dr. Oluoch highlighted the importance of training ECHNs for marginalized communities, stating, "When ECHNs are trained and deployed to their home regions, we see higher retention rates due to their local ties and understanding of cultural and linguistic barriers to healthcare access."

The scholarships cover tuition fees, uniforms, meals, vaccinations, and other essentials.

Ms. Wilbur expressed her appreciation for KMTC's commitment to the partnership, noting, "It is rare to find such a great partner, but we have found one in KMTC and Beyond Zero."

She emphasized Roche's intention to continue the partnership for long-term impact.

During the visit, beneficiaries shared how the program has transformed their lives.

Since 2016, a total of 1,200 ECHNs have received training through a collaboration between KMTC, the World Bank, and Beyond Zero. In March 2024, an additional 124 trainees joined the programme.

Also in attendance were Board Directors Mr. Paul Cheboi and Ms. Eunice Karanja, along with Deputy Director of Academics, Dr. Nyawira Mwangi, among others.

## College Receives kshs 44 Million Worth of Books



KMTC Board Chairperson Mr. Joseah K. Cheruiyot ( $2^{nd}$  left) and CEO Dr. Kelly Oluoch ( $4^{th}$  right) with Board Directors and for Staff during a visit to the library.

MTC has received a consignment of books valued at Kshs. 44 million, following a recent donation by Book Aid International and Elsevier to enhance teaching and learning at the College. The books, largely published in 2023 and 2024, will provide students with the latest learning resources.

Speaking while receiving the donation on October 4, 2024 at the College headquarters in Nairobi, Board Chairperson Mr. Joseah K. Cheruiyot thanked the foundation for its

continued support. He noted that the donation will strengthen teaching and learning, helping to prepare students for both local and global job opportunities.

KMTC Chief Executive Officer Dr. Kelly Oluoch said the books will place KMTC students on par with their counterparts at the global stage, adding that they will expose learners to current trends in the medical field. He thanked the institutions for their ongoing support, emphasizing how the impact on transformational teaching and learning over the years.

Dr. Oluoch also mentioned that the books will be distributed across the College's campuses.

KMTC has enjoyed a strong partnership with Book Aid International and Elsevier, having received a similar consignment worth Kshs. 22 million in 2022.

Also present at the event were Board Directors Mr. Paul Cheboi and Ms. Eunice Karanja, along with staff and students.

## **Intensifying Resource Mobilization to Bridge Financial Gaps**

he College has laid out an ambitious plan to secure additional resources to address its financial shortfalls, aiming to raise Kshs. 30 billion to support the implementation of its Strategic Plan 2023-2028.

Speaking during a training session for Principals and Managers on resource mobilization on October 8, 2024, CEO Dr. Kelly Oluoch called on staff to strengthen their efforts in generating funds for the College.

"Without adequate resources, the College cannot operate effectively or achieve its ambitious goals," he said. Adding that: "We are focusing on intensifying our resource mobilization efforts by exploring income-generating activities and optimizing fee collection to secure the additional funds required."



Resource Mobilization and Partnership Manager making his address during the workshop.

Dr. Oluoch emphasized the importance of promoting environmental sustainability. He encouraged campuses to partner with like-minded institutions to promote tree planting and establish tree nurseries, aligning the College with green initiatives.

The government's austerity measures, introduced in March 2024, have led to a 30 percent reduction in approved recurrent budgets for state corporations for the 2024/2025 financial year, heightening the need for innovative resource mobilization efforts at KMTC.

Additionally, Dr. Oluoch urged the KMTC community to support the nationwide rollout of the Social Health Authority (SHA) program, which will replace the National Health Insurance Fund (NHIF).

He revealed that KMTC has been tasked with leading SHA awareness and mobilization efforts in Kisumu and Homa Bay counties.

To prepare for this transition, KMTC has introduced a Diploma in Health Insurance Management to equip the health-care workforce for the new scheme.

This initiative is expected to significantly advance Kenya's Universal Health Coverage (UHC) goals by making health-

care more affordable, accessible, and high-quality for all citizens.

Deputy Director of Finance, Planning, and Administration, Ms. Lucy Chebungei, highlighted that the additional funds raised will be directed toward expanding and modernizing KMTC's facilities.

"If each Campus could raise as little as Kshs. 2 million annually, it would collectively amount to a significant sum that could greatly help us meet key needs," she said.

The Deputy Director of Academics, Dr. Nyawira Mwangi, voiced concern over the declining availability of student funding, which could limit access to education for needy students.

"The UHC's focus on 'leaving no one behind' mirrors our responsibility to ensure we establish a financial aid fund to support deserving students," she said.

## **Transformative Medical Camp in Homa Bay**



Staff, students and medics during the medical camp.

he College, in partnership with the Homa Bay County Government and various non-governmental organizations, organized a free medical camp that brought much-needed healthcare services to the people of Homa Bay and Rachuonyo. The medical camp, which attracted over 1,000 residents, offered a wide range of services such as general health check-ups, cancer screenings, dental care, eye surgeries, and health education.

The primary objective of the camp was to improve access to healthcare in Homa Bay, a region known for its high prevalence of malaria, sickle cell anaemia, among other diseases.

Organized as part of KMTC's Corporate Social Responsibility efforts and coinciding with Customer Service Week and World Sight Day, the event aimed to provide essential medical services while promoting health education and awareness among the local population. Additionally, KMTC students and faculty collaborated with local health-

care workers to provide care, learning hands-on clinical skills in the process.

The camp was supported by key partners, including Médecins Sans Frontières (MSF), Fred Hollows Foundation, and the AIDS Healthcare Foundation (AHF Kenya). Homa Bay County government officials and the College were instrumental in mobilizing resources and support for the medical camp.

KMTC CEO, Dr. Kelly Oluoch, expressed gratitude for the strong partnerships that made the event possible, emphasizing the importance of preventive healthcare. "In this medical camp, we aim to educate the community on essential health matters, from proper sanitation to nutrition, while offering specialized services like cancer screenings and cataract surgeries. This is part of our larger mission to improve healthcare access for all," he said.

Dr. Oluoch highlighted the role of the camp in advancing KMTC's training mission. "Our students have gained valuable experience by working alongside seasoned medical professionals, and this reinforces our commitment to community service as part of their

Additionally, Dr. Oluoch urged participants to enroll to the Social Health Authority which has replaced the National Health Insurance Fund (NHIF). He noted that this initiative will significantly advance Kenya's Universal Health Coverage (UHC) goals by making healthcare more affordable, accessible, and high-quality for all citizens.

learning," he added.

Speaking during the camp, the Homa Bay County Medical Outreach Coordinator Ms. Molly Ochar, thanked the College for the partnership and the free medical camp. "We are proud to work along-side KMTC to improve the health of our people," she said. "Such initiatives go a long way in addressing the healthcare challenges faced by our communities."

The Deputy Principal Ad-

ministration & Finance in Nairobi Campus Ms. Caroline Oyugi appreciated the College Management for the support and the County Government of Homabay for the great partnership in promoting community health services for the public.

Over 1,078 clients received treatment during the three-day medical camp. Significant milestones were achieved, including 26 cataract surgeries that restored sight and the distribution of 300 pairs of eyeglasses to individuals in need. Moreover, three new cases of hypertension were detected and treated immediately, while sickle cell screening identified three positive cases, ensuring that affected individuals could access follow-up care.

The camp's emphasis on preventive care led to cancer screenings, with one cervical cancer case detected, underscoring the importance of early intervention. The medical camp not only addressed current health issues but also empowered the community with knowledge, promoting healthier lifestyles. The medical camp was held form  $8^{th}-10^{th}$  October, 2024.



## New Teleconference Center Opens for Hemophilia and Sickle Cell Disease Support



Novo Nordisk Haemophilia Foundation General Manager, Denise Braendgaard and Nairobi Campus Principal Mr. Joseph Ahomo during the event.

A new teleconference center was opened on October 25, 2024, at Nairobi Campus to facilitate training for health workers in the management of hemophilia and sickle cell diseases.

The opening of the facility follows the introduction of the first-ever curriculum in the country for training health professionals in the management of hemophilia and other bleeding disorders six months ago.

Nairobi Campus Principal, Mr. Joseph Ahomo, representing CEO Dr. Kelly Oluoch, expressed gratitude to the Novo Nordisk Haemophilia Foundation (NNHF) and Kenya Haemophilia Association (KHA) for supporting the initiative.

"The teleconference facility will connect with seven satellite training centers located in former provincial headquarters, allowing healthcare professionals to participate remotely in the training sessions," he said.

Adding that: "Since our target learners are practicing medics, this setup will make training more accessible and convenient, enabling them to continue their medical duties at their respective facilities while upgrading their skills."

According to Mr. Ahomo, the digital learning platform aligns with the College's Strategic Plan to enhance learning convenience.

Data from the Kenya Haemophilia Association shows that hemophilia affects about one in every 10,000 Kenyans, or approximately 5,500 individuals. Currently, only 940 have been identified and are receiving treatment.

The initiative is part of an NNHF funding package to establish Centers of Excellence (CoEs) for managing the disorder. Mr. Ahomo encouraged students to use the facility to gain essential skills.

NNHF General Manager, Denise Braendgaard, thanked the College for the partnership, recognizing its importance in equipping healthcare workers with critical skills to provide quality care for these conditions.

Prof. Karanja Njoroge, Chairperson of the Board of Trustees at KHA, noted the facility's potential to empower students for successful careers in managing the disorder.

While hemophilia is an inherited bleeding disorder without a cure, it can be managed through specialized care.

## **Campus Hosts Community Roundtable to Discuss Development**



Mbooni MP, Hon. Erastus Kivasu (center), Resource Mobilization Manager, Mr. Job Nyakado (2<sup>nd</sup> right), Mbooni Campus Principal Ms. Felistus Kimanzi (2<sup>nd</sup> left), and other guests during the meeting.

M booni Campus hosted a community roundtable on October 14, 2024, attended by local leaders, including the area MP, Hon. Erastus Kivasu. The discussion focused on development initiatives aimed at enhancing the growth of the campus.

The Campus has seen remarkable development, with significant support from the National Government Constituency Development Fund (NG-CDF), which has injected millions in its construction.

During the event, Hon. Kivasu reaffirmed his commitment to further supporting the Campus by allocating funds for the development of additional infrastructure, including nine classrooms, hostels, skills and computer laboratories.

"Each financial year, we have allocated funds to the Campus, and we will continue to do so until we realize our shared vision. Ultimately, we aim to accommodate over 2,000 students," Hon. Kivasu said.

The MP further expressed his satisfaction with the progress made, noting that starting the following day, the Campus would welcome its first cohort of nursing students, bringing the student population to approximately 700. "This is truly impressive, and it feels like a dream come true for our

community," he added.

The roundtable brought together key stakeholders, including representatives from Makueni Gov-County ernment, community leaders, business representatives, activists, and KMTC staff and students.

Participants were also presented with the architectural plans for the continued development of the Campus.

Hon. Kivasu encouraged the local community to fully embrace the presence of the Campus, highlighting the economic benefits it will bring.

"With the arrival of students, local businesses stand to benefit from increased demand for accommodation, food, and other services. This will result in greater economic opportunities for the entire region," he noted.

KMTC Resource Mobilization Manager, Mr. Job Nyakado, who represented KMTC CEO Dr. Kelly Oluoch at the event, thanked the local leaders for their continued support of the Campus.

"We appreciate the efforts of the NG-CDF under the leadership of Hon. Kivasu for providing resources for the construction of the Campus," he said.

"As a College, we remain committed to collaborating with partners to ensure that we continue producing healthcare professionals for the country and beyond," he added.

Campus Principal Ms. Felistus Kimanzi expressed her gratitude to the community for their support, which has enabled the Campus to grow significantly.

## Campus Joins County in Celebrating World Mental Health Day

Murang'a Campus in collaboration with the County Government of Murang'a and various stakeholders, marked World Mental Health Day on October 11, 2024, at Muriranja Sub-County Hospital.

The event themed "It Is Time to Prioritize Mental Health in the Workplace," gathered healthcare professionals, government representatives, students, and community members to highlight the impor-

tance of mental health awareness.

The speakers emphasized the significance of social support and destignatizing mental health issues. "Mental health is a legitimate health concern that deserves the same attention as physical health," said the County Director of Public Service and Administration, Mr. Edward Irungu. He emphasized the need to address excessive social media use among youth, noting that it can harm self-esteem, increase isolation, and even lead to depression. He further urged the audience to take mental health awareness beyond conversations, adding that there is need to support those in need, and advocating for accessible mental health services.

The event began with a community walk through Muriran-

ja Center, where participants engaged locals in mental health conversations and distributed flowers as a symbol of awareness.

Dr. Juliana Mbuthiah, a Consultant Psychiatrist at Murang'a County Referral Hospital, led a session on self-care, emphasizing the roles of diet, exercise, and hydration in promoting mental well-being. "Intentional self-care is key to mental health. Proper nutrition, physical activity, and hydration are essential tools for managing stress," she said.

Dr. Leonard Njiru Macharia, a Consultant



Murang'a Campus staff and students during the event.

Psychiatrist at Maragua Sub-County Hospital, underscored the hospital's commitment to mental health support and stressed the importance of collaboration between health institutions and communities.

Echoing this message, the County Director of Health Dr, James Mburu, commended the county's integration of mental health services into primary care. "Ending stigma is essential; mental health must be a priority at every level," he added.

Also present were KMTC Murang'a Nursing students specializing in Mental Health and Psychiatry, along with their lecturer, Ms. Sarah Nyokabi, demonstrating the College's commitment to cultivating mental health champions for the future.



Wajir Campus during the World Mental Day.

### **Collaborative Research Launched With Microresearch Canada**



KMTC CEO Dr. Kelly Oluoch (center), alongside Narok Campus Principal Ms. Techla Marindany, Professor Rose Czarnuch from MicroResearch Canada and stakeholders during the workshop.



Participants during the workshop

he College in partnership with MicroResearch Canada and Mbarara University of Science & Technology, held a research workshop at KMTC Narok, from 7<sup>th</sup> to 18<sup>th</sup> October 24. The two-week-long workshop aimed at empowering participants with essential research skills, focusing on sustainable community health challenges in the Country.

The workshop brought together research experts from the Uganda, Malawi, Tanzania, Kenya's Ministry of Health, the County government of Narok, KMTC, and a team of professors in health research from Canada.

The workshop was officially opened by KMTC CEO Dr. Kelly Oluoch, with a strong emphasis on the vital role of research in healthcare. The CEO highlighted the forum's theme, "Integrating MicroResearch into Health Systems for Better Community Outcomes," underscoring its alignment with KMTC's commitment to enhancing the quality of training for health professionals. He expressed gratitude to the MicroResearch team, noting, "Your dedication

and support have been invaluable in our mission to foster healthier communities through evidence-based practices."

The forum celebrated the ongoing partnership between **KMTC** and which MicroResearch, has strengthened research capacity within institution since 2012. With the recent signing of a Memorandum of Understanding, the College is committed to integrating research into its core activities,

allocating resources specifically for this purpose. Dr. Kelly remarked, "Together, we are paving the way for a brighter future in healthcare."

The College formalized a collaboration with MicroResearch Canada in 2023, where the first training workshop was undertaken in November in Kapenguria. A group of 26 KMTC staff from various campuses were trained

Speaking during her keynote address, the Director of Health Financing at the State Department of Medical Services, Dr. Elizabeth Wangia, emphasized the critical role of health research in shaping policies within the Ministry of Health. She said well-informed research not only guides decision-making but also ensures that health interventions are data-driven, sustainable, and aligned with the needs of the community. "Through research, we can craft policies that improve health outcomes, enhance resource allocation, and drive innovation in healthcare delivery," Dr. Wangia noted.

As participants from various regions engaged in discussions, the collective goal of achieving Universal Health Coverage through innovative research solutions was underscored, highlighting the transformative potential of collaborative efforts in advancing community health initiatives. The participants received intensive research training designed to strengthen the College's overall research capacity and development of proposals for further consideration.

MicroResearch empowers local researchers and healthcare professionals to address community health challenges through grassroots, evidence-based solutions, fostering sustainable, culturally relevant initiatives that drive long-term impact.





#### KENYA UNIVERSITIES AND COLLEGES CENTRAL PLACEMENT SERVICE (KUCCPS)

#### **KENYA MEDICAL TRAINING COLLEGE OPPORTUNITIES**

Kense Universities and Colleges Central Reprinent Service (EUCCPS) makes applications for placement by various programmes offered at Kenye Bledical Training College (KMTC) interested and eligible persons should be into the EUCCPS Students (facts) students Aucops ref.) and apply. The application-deadline is **Reventer 10, 2024.** 

#### Available Programmes

Ľ	Programma Name	Mass Mass	Minimum Subject Require- ment	Company
L	Certificate in Community (Switch Applicant)	0	Eng/Risc Dr Bis / Onc D Mic A / One / Phy / Pac / Agr / Hoc D	Commissingst, Jostas, Insenti, Indola, Itan, Rabar net, Rabarrega, Kolamenga - Resalbola, Rangunda, Gapangulia, Racia Malei, Stati- Modamo, Karia, Karola Malei, Khur- Modamo, Karia, Karia Lodese, Logen, Mahinda, Maran, Marinarda, Maranda, Maranda, Maranda, Maranda, Maranda, Maranda, Maranda, Marinarda, Mari
2	Certificate is rivalit lin- cents and interestion Technology	۵	Eq./ Kar C- Sta / Sta; D Sta; D Mic A, D Phy / Phy! One / Sta; / Carp / Carp / Ag / What / Loon / Sta; / Stat Sta	Barris, Oleracing at Disaris, Irachi, Spenint, Kapengaris, Kapangaris, Kapangaris, Kapangaris, Kapangaris, Kapangaris, Kapangaris, Kamanasa Ataun, Lang, Islamada Marani, Satalian, Marani, Islamada Marani, Islamada Marani, Islamada Marani, Islamada Marani, Islamada Marani, Kandangaris, Kangaris Satalian, Marani, Kandangaris, Kangaris,
3	Contribute in Kerys En- rolled Community (Next). Nation	5	Eng / Roc C- Se / Sec C- One / Phy / Pac / Nat & D-	Laine, Mandina, Tara River.
4	Constitute in Medical Emergence Technician	ů.	Non	Boner, Banguma, Emba, Gertina, Geltund a Ben, Kalamman, Kalamman, Namakholik, Kapumpain, Kapita ma, Kerin Varley, Kouma, Lugar, Mediter- tan, Malamia, Marque, Miscont, Marq Dean, Moungs, Maraga, Kanguma Satalita, Menng, Nyan, Foxt Rate, News, Seeda, Dilka, Opena, Vol.
5.	Certificate in Medical Engineering	.0	Eng/Kit-Co MacA-D Pts/Pts-D- Des/Bac/Est/Mes/Dist D	Samet, Eldower, Emile, Rildi, Ripi, Krosoma, Lake Setterie, Ledwidtek, Mukinska, Meru, Marchii
š.	Certificate in Nutrition and Distotics	D+	Eng/Kis D= Bit/Bit: D Dis/Pit: D Mat L/Hsc/Ag/Phy/fise D	Charle, Homa Bis, Kabarrat, Kapan- guria, Karen - Neirott, Gazie, Lodwer Makarri - Whuro Satelike, Mirio, Nyurolana, Ross, Taka
1	Detrificata si Orthopetic Tinuma Medicina	G	Eng / NoC- Bit / Bits: C- Phy / Pits: A Mic A / Clear Min / The / Mic / Agr / She / Clear Clear / Hos / Agr / She / Clear Clear	Burgerra, Basis, Chuta, Gatrora, Horra-Bay, Kithiemet, Kakamage- Bassikhole, Kargunda, Kaphano, Halt Makhada, Makhanie, Micora, Mari- Michane Satalite, Maringa, Marray, Rokuru, Port Betts, Schander-Morrisa Soss, Signest Turra-Wars, Whige, R.
2	Certificate in Public Health	C.	Eng/Res C- Be/Res/Per C- Mai: 1/Phy/One D	Emps, Kabamet, Kakamega, Karari, Kitas Karia, Karak, Lake Vetorio, Eagen, Marca, Kakaru, Nyeli, Othaya, Sayota, Tismo-Mara
0.	Orgiona in Clinical Medi- cine and Surgery	,c	Eng/ Co. C Bar/ Bar C On Par C Par/ Par/ Mark C	Borset, Burgerra, Chuka, Estandu. Kitale, Masindu, Mandera, Marsabit, Mondasa, Masourt, Muranga, Main- gi, Karok, Nyahurara, Siana.
10.	Diplomis in Community Health	,c	Erg / Nov. C- Bar / Bas / D- Mich / Che / Hec / Agr / Phy / Pair D	Betonda - Matunguro Satalita, Insonti Asolo, Inn. Estamogra - Isna inkilo. Esperigaria, Kibi - Maturos, Siria. Esperi, Maturola, Maturos, Siria. Esperi, Maturos, Maturos, Maturos, Maturos, Maturos, Maturos, Maturos, Maturos, Salaver, Savina, Walauje
E.,	Diplome in Community Oral Health	c	Eng / Ker: C Be / Rec. C Pay / Pac / Che / Mar A : C Pay / Pac / Che / Mar A : C	Mosoriol
ld.	Diplome in Health Coun- relies	5	Eng/Ga:C Bar/Bac:D= Har/CRE/GE/HAE D-	Errbs, Malcand, Methiesa, Nyumache

24	Programme Name	1000	Minimum Subject Require- ment	Company
12.	Opione in health linear- area Management	4	Eng / Rec C Re / Rec (D+ Met A: D+ Phy / Pat / Che / Goc / Chep / Agr / Rec / Econ / Geo / Com / Rec (D+	Rencol, Return
M.	Olgional in Hostin Pro- motion	0	Eng/Re: C Be/Bac: C- Pto/Pac/Ow/Met A/D+	Nythorare
6	Digions in Health Se- costs and Information Sectionary		Eng/Re: C Mar.E. C- Se/ Sec: D+ Phy/Pec/Den/ Crep/Agr/Fec/ Look/ Ges/ Com/ Set: C-	Inole Mery - Maus Satalitis, Novem, Natura, Siaya
M. :	Diploma in Kenya Regis- tered Community Health Register	4	Tig/SecC Be/Be/C Phy/Pse/On/MerA/C	Insie Montes Variabit Mong. Racksonya
II,	Olipiome in Renya Regilio tered Nursing	0	Englishe: C Bell Bac: C Phyl Pac I Chell Mar A: C	Methere
10	Diploma in Karry's Reg- lationed Nursing, Mineral Health and Psychiatry		Eng/ Res C In / Res C Pts / Res / Che / Mat A : C-	Matture, Managa, Fort Retz
16.	Diploma in Modical Engi- neering	4	Bag/Res C Min & C- Plas/Pac C- Bas/Res / Che/ Ect / Mar / Brd D-	Dilaret, Mario Narrobi
20	Diplome in liberal Later creture Sciences	e.	English: C SelfSec: C DelfPec C Pec/Rec/Mark: C	Kakernege, Chair Kombreen, Lake Yictoria, Mochenos, Relazio, Fort Bird
2.	Diplome in Medical So- cal Work	£	Eng/ Ga: C Sin / Bac: Dn Dn: / Phy / Pho: Palm A / Hoc/ Agr / Bat / Gan / Hag / CRE / RE: C	Irrenti, Kiplatet, Reun, Lugan
22.	Diploms in Minimary Science	6	Siew	Mindies
23.	Diplome in Nicetion and Deterior	D.	Eng/Sec Dr Sec/Sec Dr Dec/Fec Dr Mar 8 / Nec / Agr / Pay / Pac / Sec D	Horra-Sire, Kenn - Narrote, Lodeser, Makumi, Mido, Ngendarus, Trike
24.	Diploms in Docugational Therapy		Eng/Res-C Ste/Ster:C- Phy / Phy / Che / Mat. X / Apr / Hat. C-	Maker's Morelona Vyaruchi, Tay Ugunja Salailita, Imo
20	Diploma in Diffrequently Technology	c	Ing/RANC Be/RecC Me A / Phy/On / Pro/We/ Me/Del C- Me A Phy/On / Pro/We/ Me/Del C-	Pait Skitz
56.	Diploma in Flurmacy	- 6	Eng/No:C Der/Por:D Ba/Ba:C Phy/Pac/MatA:C	Kinama Mensa Mendusu Nimeli, Nesaru, Nyeri
27.	Diploms to Provintings		Eng/Sec.C Biol Co Dis/Nats.A/Phy/PerilCo Dis/Nats.A/Phy/PerilCo	Galunda, Nervillay MacRalins, Naises, Nyel, Perf Set2
28.	Digitary in Public Hustin	E.	Eng / Re: C Sto / Re:: C Met A: C- Phy / Pec / Ohr: C-	Emis, Kikarneja, Kinari, Kitai, Kusie Lake Vettyra, Marobi, Vyuri
29.	Diplome in Redisplacity and integring	i.	Emp/ Go: C Star/ Soc; C Star/ Max. C Dra/ Mat A: C-	Montese

For more information, call the MUCCPS contact centre through the numbers **G205187400/0729654827** or each the NUC-LPS are less the server traceper as fine.

CHIEF EXECUTIVE OFFICER



#### **PICTORIALS**



CEO Dr. Kelly Oluoch with Narok Campus students during his visit on October 16, 2024.



CEO Dr. Kelly Oluoch making a presentation at the East Africa Blood Disorders Leadership Forum in Nairobi on October 28, 2024.



Homa Bay Campus Principal Ms. Florence Oloo (2<sup>nd</sup> left), on October 4, 2024, joined a delegation led by Dr. Ida Betty Odinga (right) to commemorate the 'Mama County Back to School Initiative, at St. Paul's Ligisa Secondary School in Rangwe Constituency. As a keynote speaker during the event, Ms. Oloo highlighted the critical role of academic mentorship for girls. Homa Bay Campus students were among those awarded with bursaries during the occasion.

#### **PICTORIALS**



A section of the KMTC Academic Council members during a five-day meeting held at the Nairobi Campus Nursing Hall from October 28, 2024.



Makueni County Governor Hon. Mutula Kilonzo Junior (second left), Principal Makueni Campus Mary Kioko (2<sup>nd</sup> right), Deputy Principals Jennifer Muoki (Academics) and Mr. Mutiso Urbanus (Finance & Administration), in the Governor's office for a meeting on October 1, 2024.



Stakeholders during a meeting at Mbuvo Campus on October 17, 2024, to discuss various areas of collaboration.



Staff and students during the World Occupational Therapy day celebrations held at JKUAT on October 28, 2024.

#### **PICTORIALS**



Deputy Director Academics Dr. Nyawira Mwangi (7th left) with Staff and stakeholders during review of the Clinical Medicine curriculum.



CSR: Manza Campus Principal, Ms. Evelyn Abuga (3<sup>rd</sup> left), with partners during a medical camp at the campus on October 5, 2024.



CSR: Mbooni Campus pitched a medical camp in the community on October 10, 2024.



The Director of the Kenya Medical Practitioners and Dentists Council Dr. Moses Kiptanui, during his visit to Mosoriot Campus to assess its preparedness for launching Community Oral Health programme. With him are Campus staff: MaryRose Wambui (left), Ann Lagat (centre), Dr. Evan Murioki (2<sup>nd</sup> right) and Sylvia Cherotich (right).



CSR: Wajir Campus fraternity participated in a blood drive aimed at supporting local hospitals and saving lives within the community.



CSR: Kitui Campus at Vinda in Miambani Ward for a medical camp on October 31, 2024.

## **2024 CUSTOMER SERVICE WEEK**



 $\label{lem:mrs.} \textbf{Mrs. Diana Katanu Samuel (left) interacts with students at the headquarters.}$ 



Makindu Campus's Antony Soli (right) serving a client.



Makueni Campus' Mr. Gabriel Kyalo Mbuvi (right) attends to students.



Kwale Campus' Deliada Sambiro Kajoka (right) serving a student.



Mosoriot Campus' Sally Kiprop (right) attends to a customer.

#### PARTNERSHIPS AND COLLABORATIONS



Kitui Campus Class of O4 Alumni during their visit to the Campus.



Mombasa campus Principal Dr. Jacinta Mukonzo (2<sup>nd</sup> right) and students presenting a message of condolence to the Director, Mombasa Cement Group, following the demise of the founder Director Hasmukh Patel.



Kisumu Campus Principal Mr. Abel Onchiri (left) during a meeting with the Jaramogi Oginga Odinga Teaching and Referral Hospital Board and Executive Committee on October 18, 2024.



Lodwar Campus at the 2024 Turkana Tobongu'lore Cultural Festival.



Narok Campus Principal Ms. Techla Marindany (left) with Narok County Governor Hon. Patrick Ole Ntutu during his visit to the Campus.

#### **CAMPUS CORNER**



A borehole at Meru Campus (Miathene Satellite) drilled with the support of Tigania west NG-CDF.



Homa Bay Campus staff during the Homabay Best practices Conference on 31st October, 2024.



Win for Makueni Campus at the County Music and Cultural Festival 2024.



Manza Campus Foot Ball team during a match at Kawaya Stadium.



Manza Campus Basket Ball team played with Scott University at Kawaya Stadium in Machakos County, and won 85-59.



On October 16, 2024, Homabay Campus hosted the Homa Bay County Assembly sports team, along with Nyumba Kumi neighbors and Kenya Prisons, for friendly competitions.

#### **ENVIRONMENTAL SUSTAINABILITY: MAZINGIRA DAY**



Garissa Campus prepares for tree growing.



Mbooni Deputy Principal (Academics) Ms. Mary Ndeti plants a tree.



Mbooni Staff during a cleanup exercise.



Wajir Campus during a tree growing exercise.



Marsabit Campus cleaning up exercise.



Marsabit campus was awarded for their efforts in environmental sustainability.



Kapenguria Campus' Librarian Mr. Ayub Mutanda (left) promotes environmental sustainability by growing trees in Nairobi Campus.



Marsabit Campus.



Nyeri Campus plants trees donated by Green Space/AAR.



Rera Campus.



Eldoret Campus.



Nyandarua Campus.



Kilifi Campus.



Siaya Campus.



Nairobi Campus.



Mathari Campus.



**Chemolingot Campus.** 



Kisumu Campus.



Meru Campus



Nyeri Campus.



Teso Campus.



Manza Campus crowned the Alumni Day with a contest of Mr. and Miss KMTC Manza.



Mbuvo Campus.







Webuye Campus.



Gatundu Campus.



Port Reitz Principal Mr. Festus Lwambi (centre) with Changamwe Cosntituency MP Hon. Omar Mwinyi (right).



Mombasa Campus.





#### Vision

A globally competitive institution for training Human Resource for Health

#### **Mission**

To develop fit-for-purpose middle-level health professionals through transformative training, research and consultancy









Advancing health professions' education through transformative training, research & consultancy











www.kmtc.ac.ke



#### **HOW WELL DID WE SERVE YOU?**

In order to help us continually improve your experience, we would like to ask for a minute of your time to rate our services



Scan the QR code or type in the URL https://forms.gle/vDChB6CDM8cpgxkT9 to leave us a review





#### For More Information Contact:

The Chief Executive Officer, Kenya Medical **Training College** 

P.O. Box 30195-00100, Nairobi.

**Tel:** 020-2725711/2/3/4, 020-2081822/3, 0737-352543 / 0706-541869

Email: info@kmtc.ac.ke. Website: www.kmtc.ac.ke.



#### **EDITORIAL ADVISOR**

Chief Executive Officer Dr. Kelly Oluoch

#### EDITOR

Ms. Onsomu Marcellah

#### **SUB EDITORS**

Mr. Hezron Ochiel

Mr. Nelson Mapesa

#### **Editorial Committee Members**

Dr. Kenneth Riany

Ms. Marcellah Onsomu Ms. Lilian Kemboi

Mr. Hezron Ochiel

Mr. Kamau Maina

Mr. Joseph Ahomo

Mr. Gordon Agalo Mr. Nelson Mapesa

Ms. Emmy Rop

#### CONTRIBUTORS

Dr. Everlyn Nyamai

Mr. Hezron Ochiel

Mr. Nelson Mapesa

Mr. Brian Agunda

Mr. Evans Ngara

Mr. Victor Kyalo

Ms. Shelly Agosa

Ms. Anne Kihima

Ms. Diana Katanu Mr. Mark Sang (PSC Intern)

#### **Photography and Creative Design**

Corporate Communications